3.2.1 For Reference

3.2.1 Relational Schema

Bookings(SSNo, number, day, row, seat)
Customers(SSNo, name, addr, phone)
Flights(number, day, aircraft)

Redundant. Eliminate, as both covered by Bookings

toCust(SSNo1, SSNo2, number, day)
  key for Customers  key for Bookings
  but SSNo1 will always have the same value as SSNo2.

toFlt(number1, day1, SSNo, number2, day2)
  key for Flights  key for Bookings
  but number1 will always have the same value as number2, and day1 will always have the same value as day2.

3.2.2 a

3.2.2 b Relational Schema

Bookings(row, seat, number, day,)
Customers(SSNo, name, addr, phone)
Flights(number, day, aircraft)

toCust(SSNo, row, seat, number, day)
  key for Customers  key for Bookings

toFlt(number, day, row, seat, number2, day2)
  key for Flights  key for Bookings

Above, day and day2 would always be equal in their values, so toFlt contains the same information as Bookings, and is therefore redundant.

Comparison:
The two relational schemas are not the same.

Bookings has an extra attribute in 3.2.2a.

toCust cannot be eliminated in 3.2.2a, as it can in 3.2.1.