The attached patterns can be used in several ways:

- Just use the first two chords of the patterns for ii-VⅦ

- Use the second two chords of the patterns for ii-VⅦalt a whole-step higher

- Use all four chords and cycle through a given pattern or through any selection of them.
  - It is more interesting than playing just ii-VⅦ-I and stopping.
  - VⅦ goes to iii because iii is a substitute for I.
  - VIⅦ alt goes to ii because VIⅦ is the V of ii. This starts the next cycle.

- Jazz musicians often cycle on these chords indefinitely at the end of a piece that normally ends with ii-VⅦ-I.

Note that the first group gives the chord tones (with extensions).

The second group gives the guide tones.

The patterns are 2-bar patterns to begin with, then switch to 4-bar patterns mid-way.

After cycling is done, end on ii-VⅦ-I, not iii-VIⅦ-I.